

Terri Elise Goldstein, LCMHC, NCC
Curriculum Vitae

EDUCATION, CERTIFICATIONS & AWARDS

- University of Phoenix - Master of Clinical Mental Health Counseling: 8/30/2018
- Mu Eta Chi Academic Honors Achievement High Honors
- National Board Certified Counselor (NCC): 01/18/2019
- Certified Clinical Trauma Professional 04/2020
- Certified Crisis Counselor (State of Utah): 06/03/2019
- Certified Fundraising Executive 1996 to 2014
- Temple University - BA Journalism Focus: Public Relations, 1985, Cum Laude

BEHAVIORAL HEALTH — WORK AND EXPERIENCE

Brilliant Hope Counseling, PLLC, Owner, 11/20/2020

Insights Counseling, Inc., Clinician, 10/2019 to present

- Provide assessment and mental health counseling services to individuals and couples, adolescents through geriatric, experiencing depression, anxiety, chronic illness, grief, trauma and PTSD, and life-stage transitions.
- Develop caseload through individual marketing, personalized inquiry response, and follow-up.
- Coordinate insurance credentialing of clinicians.
- Completed re-write of website text.

Blomquist Hale, Therapist, 06/19/2020 to 12/30/2020

- Provide comprehensive assessment and counseling services for individuals, couples, and families from all walks of life, ethnicity, lifestyles, and socioeconomic backgrounds. Manage a rapidly increasing caseload, utilizing integrative interventions in a short-term solution focused manner to assist clients in identifying their barriers to success and implementing change. Refer clients to longer-term treatment as clinically necessary.
- Engaged member of the clinical team, who participates in optional programs to increase clinical expertise

Utah Healing Center, Clinical Associate, 09/17/2018 to 06/13/2019

- Provide comprehensive mental health counseling services in a collaborative, open, whole-hearted manner to individuals and couples, young adult through geriatric; referred privately and through state and local health and human services; experiencing depression, anxiety, chronic illness, grief, trauma and PTSD, and life-stage transitions.

University of Phoenix Counseling Skills Center, Clinical Intern, 07/2017 to 08/30/2018

- Provide mental health counseling services including assessment, diagnosis, treatment planning, monitoring, and documentation for adolescents, young adults, adults in mid-life, and elderly persons.

TherapyUtah-Center for Hope & Healing, Clinical Intern, 03/2018 to 08/30/2018

- Provide mental health counseling services including assessment, diagnosis, treatment planning, monitoring, and documentation for adolescents, young adults, adults in mid-life, and elderly persons.
- Assist with facilitation of men's sexual addiction group.

A New Direction Recovery and Wellness, Clinical Intern, 01/2017 to 2/2018

- Provide mental health counseling services for adults.
- Assist with business tasks such as utilization review and process-improvement.

Denials Management, Inc., Utilization Review Specialist, 03/2016 to 09/2018

- Coordinated with facilities and families to obtain admission, and continued stay authorization for residential mental health treatment.
- Secured more than 93% of clients with authorized days at residential level of care.
- Exceeded industry standards for authorized days per client with 60.
- Managed level of care step down process to maximize the use of benefits.
- Successfully represented clients on peer reviews, and live appeal hearings.
- Provided training on documentation for therapists and other treatment team providers.

Denials Management, Inc., Appeals Specialist/Writer, 08/2015 to 03/2016

- Researched, articulated, authored member letter appeals for denied mental health treatment resulting in reversals of denied claims exceeding \$2,000,000.

Cancer Wellness House, Inc., Executive Director, 05/2010 to 09/2014

- Directed program services, fund development, budgeting, board, volunteers, public relations, and events.
 - Managed consultant clinicians and MSW Interns for Counseling Program.
 - Redesigned program evaluation with the BYU Romney Institute.
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THEORETICAL AND TECHNICAL STRENGTHS

- **Person-centered, Psychodynamic, Trauma-informed, Post-modern, including Narrative, CBT, DBT Informed, Internal Family Systems (novice)**
 - **Exceptional** writing, interpersonal communication and presentation skills
 - **Expert user of** AdvMD, Best Notes, Blue Step, Simple Practice, TherapyNotes, SimplePractice, and MS Office
 - **Proven** grant writer
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SUPPLEMENTAL EDUCATION AND TRAINING

- Certified Clinical Trauma Professional – Two-day Competency Conference 03/2020
 - Crisis Counseling Certification Training for Earthquake Preparedness & Psychological First Aid, Working with Survivors, presented by: Utah Division of Substance Abuse & Mental Health. 2019
 - TF-CBT Web 2.0, A course for Trauma-focused Cognitive Behavior Therapy. 2019
 - University of Utah Leadership Forum for the Engaged Executive Director. 2011
 - Dale Carnegie Leadership Training. 2000
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SERVICE/ ASSOCIATIONS AND MEMBERSHIPS

- **Utah Mental Health Counselors Association**, secretary, 11/2018 to present; member since 2016
- **American Mental Health Counselors Association**, member, 2017 to 2021
- **American Counseling Association**, member, 2016 to 2019
- **Meals on Wheels**, delivery volunteer, 06/2017 to 08/2017
- **Dialectical Behavior Therapy Skills Group**, co-Leader, AAIM Counseling & Training, 11/2011 to 04/2013
- **AETNA Behavioral Healthcare**, member, National Quality Advisory Group, 2006 to 2011
- **National Association of Therapeutic Schools & Programs (NATSAP)**, member, Alumni Advisory Council, 01/2010 to 08/2011
- **Rotary Club of Sugar House**, board member, Youth Programs, 08/2012 to 08/14; member 2010 to 2014
- **Utah Cancer Action Network (UCAN)**, board member, 07/11 to 06/13
- **UCAN Survivorship & Quality of Life Committee**, 05/2010 to 09/14
- **Assoc. of Fundraising Professionals Suncoast Chapter**, board member, 2006
- **FL Families of Children with Visual Impairments, Inc. (FFCVI)**, co-founder, 1996 to 2004

- **National Association for Parents of Children w/Visual Impairments, Inc. (NAPVI)**, board member, 1995 to 2001 *Special Project: Secured grant and co-authored/edited publication: Childhood Glaucoma, a Reference Guide for Families, a joint publication of the **NAPVI** and the **Glaucoma Research Foundation***
 - **Glaucoma Research Foundation**, parent support volunteer; speaker, Catalyst for a Cure, 2002
 - **PA Department of Health**, Certified Breastfeeding Counselor, 1991 to 1993
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NON-BEHAVIORAL HEALTH — WORK AND EXPERIENCE

Lions Eye Institute for Transplant & Research, Inc., *Foundation Manager, 07/06 to 02/10*

Gulfside Regional Hospice, Inc., New Port Richey, FL, *Director of Development, 08/04 to 06/06*

Designs in Development, Seminole, FL, *Fundraising Consultant, 09/00 to 07/04*

Tampa Lighthouse for the Blind, Tampa FL, *Development Manager, 02/99 - 08/00*

Hillsborough Education Foundation, Inc., Tampa, FL, *Director of Development, 07/97 - 02/99*

Menorah Manor Foundation, St. Petersburg, FL

Director of Development, 06/95 to 07/97 — Development Coordinator, 10/93 to 06/95

Philadelphia Geriatric Center, (Home for the Jewish Aged), Philadelphia, PA

Public Relations Coordinator, 11/88 to 07/90 — Assistant Director of Public Relations, 07/90 to 12/91

Projects Coordinator in newly established Development Office, 12/91 to 06/93